



# Caring Times

Personal and Dementia Care with Dignity

June 2009

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Volume 1, Issue 6



Mary Peters,  
Founder & President

It is indeed a pleasure to receive your comments and suggestions for this, our newsletter especially designed for you, our clients. I am increasingly aware of just how stressed out you can be as a family caregiver.

Most of our families are juggling many important responsibilities and commitments. I am in awe of what you do on a daily basis for your loved ones, your employers and the community at large.

Let me just thank you for choosing Care For Life and for entrusting our nurses' oversight and our specially trained caregivers with your loved one's care at home.

As was graciously noted in last month's *Caring Times*, my father, Ben Peters, died after a brief time in the hospital following a fall. Thank you for your kind notes of condolences to me and my family.

As so many of us have learned, it is not easy to be an adult child! The role reversal dynamic is taxing and, at times, can be overwhelming.

Care For Life has ten professionals on our management team. Each one of us has been touched by aged parent issues.

We offer families our experience and empathy as we endeavor to help them in what they are going through.

As things change with your loved one, we will be happy to assist you in every new step.

Please feel free to call me or ElderCare Consultant, Sheryl O'Neal at 852-9090 or email her today: [soneal@careforlifecharleston.com](mailto:soneal@careforlifecharleston.com)

## MAY WE HELP YOU TODAY?

**School is out and the kids are at home, and your Mom or Dad still need you on a daily basis for their activities of daily living. Do you need a break? A respite from juggling your commitments might be just what the doctor ordered for you! We can help you by providing personal and/or dementia care to your aged parent. Even one day at the beach or a leisurely lunch with friends, followed by shopping can do wonders. Remember to enjoy your life today. Call us... 852-9090**



### A DOCTOR'S OPINION:

"Gina Jamison, Care For Life's RN, is an integral part in keeping my *Charleston Housecalls*' patients monitored. She calls me directly and keeps me informed on our shared patients. Kudos and thanks, Gina!" Dr. Leslie Pelzer

Published monthly by:  
 Care For Life/Sheryl O'Neal, Sr. Editor  
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*Experts in Eldercare Since 1995*

## In the News...

Maria Shriver (whose father has Alzheimer's) has teamed up with HBO Films to produce a four-part series on the devastating effects of Alzheimer's Disease on entire families. Care For Life believes that one of its roles in the community is to build awareness of the many kinds of dementia including Alzheimer's Disease.



The Alzheimer's series will be available for sharing with community groups in mid-July. Please call Sheryl O'Neal to set a time for her to present this vital information to your church or civic group.

Other programs we offer are **KNOW STROKE**; How to Start The Aging in Place Conversation with your Aged Loved One; and/or **Normal Aging vs. Early Signs of Dementia**. It will be an honor to serve your group by equipping your members to recognize warning signs of dementia and/or stroke "when things with loved ones just aren't quite right."

Sheryl O'Neal 843-852-9090 [soneal@careforlifefcharleston.com](mailto:soneal@careforlifefcharleston.com)

## What's On Your Mind ?



INQUIRY: I hear comments about "geriatric care management" and wonder if that is what Care For Life is providing my loved one.

CFL: Yes, because every case we serve is monitored by licensed nursing professionals. In addition, Mary Peters is a Nationally Certified Geriatric Care Manager who advises on the best course of action and care plan possible. Our nurses perform geriatric care management to some degree in every case we have.

Care For Life is not just a "sitter agency". Our high standards ensure that we seek 100% client satisfaction. Our nurses' focus on the high quality of care we provide everyday.



Gina Jamison, RN

## Our Clinical Team



Kristin Akins, LPN

*We are considering starting a Caregiver Support Group for adult children or other responsible caregivers of aged loved ones.*

*It will be very helpful to know what the interest level for such a group is among our clients.*

*With all you have to do, we wonder if you will just give*

*a call to our Receptionist, Delores Dowling, and add your name to a list of interested persons. You won't be making a commitment until we can determine the level of interest for a support group here at our location on Wappoo Road, West Ashley.*

*Please call 852-9090 or email Delores at [ddowling@careforlifefcharleston.com](mailto:ddowling@careforlifefcharleston.com)*

**WILL YOU PLEASE LET US KNOW IF YOU ARE ENJOYING THE CARING TIMES? Would you like it or other articles of interest e-mailed to you? If so, please email:**

**[soneal@careforlifefcharleston.com](mailto:soneal@careforlifefcharleston.com) and indicate "subscribe" in the subject line. Feel free to offer ideas for articles, too!**

**We pledge to guard your privacy and we will not sell or otherwise provide your information to anyone.**

**THANKS!**